



## Affinity Health at Work Research Consortium

### Evidence-based information and guidance for practitioners to enhance workplace health, wellbeing and engagement

**Consortium master-class event on 22<sup>nd</sup> June 2016**

**Theme:** Managing mental health cases at work

**Venue:** Acas, Euston Tower, 286 Euston Rd, London NW1 3DP

10.30 – 10.45	Arrival and coffee
10.45 – 11.00	<b>Welcome and introductions</b>
11.00 – 11.40	<b>Affinity Health at Work research update</b> <ul style="list-style-type: none"> <li>○ Findings and tools from on 'Developing managers...' 2015 research</li> <li>○ Plans for obesity research</li> </ul>
11.40 – 12.10	<b>Affinity Health at Work online hub update</b> <ul style="list-style-type: none"> <li>○ Next stage in developing the online hub</li> </ul>
12.10 – 13.10	Lunch and networking
13.10 – 14.10	<b>Mental health in the workplace – theory and personal experience</b> <ul style="list-style-type: none"> <li>○ Lisa Rodrigues CBE, Writer and Mental Health Campaigner – <a href="https://lisasaysthis.com/home/">https://lisasaysthis.com/home/</a></li> </ul>
14.10 – 14.15	Brief break
14.15 – 15.05	<b>Dealing with employee psychological crisis, trauma and suicide risk</b> <ul style="list-style-type: none"> <li>○ Alison Dunn, Independent Consultant (formerly Transport for London)</li> </ul>
15.05 – 15.55	<b>Supporting individuals with mental health conditions to stay in/return to work: An interactive case study</b> <ul style="list-style-type: none"> <li>○ Sophie Partridge &amp; Katy Aston, Unum – <a href="http://www.unum.co.uk/workplace-wellbeing">http://www.unum.co.uk/workplace-wellbeing</a></li> </ul>
15.55 – 16.00	Round up and close

**Please note:** timings are approximate and may be subject to change on the day.