



Affinity Health at Work Research Consortium

Evidence-based information and guidance for practitioners to enhance workplace health, wellbeing and engagement

Consortium master-class event on Wednesday 28th June 2017

Theme: Burnout and engagement

Venue: Birkbeck College, Room 101, 30 Russell Square, London WC1B 5DT

10.30 – 10.45	Arrival and coffee
10.45 – 11.00	Welcome and introductions
11.00 – 11.55	Update from Affinity Health at Work <ul style="list-style-type: none"> ○ Update on Affinity work health and wellbeing Hub ○ Update on research and other work ○ Introducing the IGLOO model for return to work
11.55 – 12.20	Collaboration update: Workplace team sport <ul style="list-style-type: none"> ○ Andrew Brinkley, Loughborough University http://www.lboro.ac.uk/departments/ssehs/pg-research/phd-students/andrew-brinkley/
12.20 – 13.20	Lunch and networking
13.20 – 14.05	Burnout and engagement - a tale of two types of wellbeing <ul style="list-style-type: none"> ○ Luke Fletcher, Aston Business School http://www.aston.ac.uk/aston-business-school/staff/academic/wop/luke-fletcher/
14.05 – 14.15	Brief break
14.15 – 15.00	Engage for Success – latest initiatives and best practice <ul style="list-style-type: none"> ○ Martyn Dicker, Director of People and Learning at The Prince’s Trust and Chair of the Engage for Success not-for-profit thought and action group http://engageforsuccess.org
15.00 – 15.45	Burnout and how to deal with it <ul style="list-style-type: none"> ○ John Binns, City Mental Health Alliance
15.45 – 16.00	Round up and close

Please note: timings are approximate and may be subject to change on the day.