



Affinity Health at Work Research Consortium

Evidence-based information and guidance for practitioners to enhance workplace health, wellbeing and engagement

Consortium master-class event on Thursday 15th March 2018

Theme: Technology and workplace wellbeing

Venue: Birkbeck College, Keynes Library, 43 Gordon Square, London WC1H 0PD

10.30 – 10.45	Arrival and coffee
10.45 – 11.00	Welcome and introductions
11.00 – 11.40	Update from Affinity Health at Work <ul style="list-style-type: none"> ○ Update on Affinity work health and wellbeing Hub ○ Update on research and other work
11.40 – 12.20	Collaboration update: Impact of NHS working conditions on doctor wellbeing and patient care <ul style="list-style-type: none"> ○ Kevin Teoh, Birkbeck University of London, http://www.bbk.ac.uk/orgpsych/staff/academics/kevin-teoh/biography
12.20 – 13.15	Lunch and networking
13.15 – 14.00	The always on culture - implications for building e-resilience in organisations and individuals <ul style="list-style-type: none"> ○ Gail Kinman, University of Bedfordshire, https://www.beds.ac.uk/news/experts/gail-kinman and Almuth McDowall, Birkbeck University of London, http://www.bbk.ac.uk/orgpsych/staff/academics/mcdowall/biography
14.00 – 14.15	Brief break
14.15 – 15.00	Mind over Machines: new technology and employment relations (research funded by Acas) <ul style="list-style-type: none"> ○ Patrick Brione, IPA, http://www.ipa-involve.com
15.00 – 15.45	Strategies for effectively managing email at work (research funded by Acas and led by Emma Russell) <ul style="list-style-type: none"> ○ Marc Fullman, Kingston Business School, https://www.wwkresearch.com
15.45 – 16.00	Round up and close

Please note: timings are approximate and may be subject to change on the day.