



Developing managers to manage sustainable employee engagement, health and wellbeing

Affinity Health at Work Research Consortium

Consortium master-class event on 30th September 2015

Theme: Workplace technology and wellbeing

Venue: Prospect Head Office, New Prospect House, 8 Leake Street, London SE1 7NN

10.30 – 10.45	Arrival and coffee
10.45 – 10.55	Welcome and introductions
10.55 – 11.15	Update from Affinity Health at Work <ul style="list-style-type: none"> Update on 2015 research – progress so far
11.15 – 11.45	What works for wellbeing and who should it work for? <ul style="list-style-type: none"> Kevin Daniels, University of East Anglia and Work, Learning and Wellbeing Lead at the new What Works Centre for Wellbeing (http://whatworkswellbeing.org/evidence-program/work-learning-and-wellbeing/)
11.45 – 12.35	Energy Optimisation for leaders <ul style="list-style-type: none"> Mark McCartney, member of Oxford University's Säid Business School (https://www.linkedin.com/profile/view?id=1056144&trk=nav_responsive_tab_profile)
12.35 – 13.35	Lunch and networking
13.35 – 14.20	Managing emails <ul style="list-style-type: none"> Emma Russell, Kingston Business School (http://business.kingston.ac.uk/staff/dr-emma-russell)
14.20 – 15.05	Competencies for the resilient e-worker <ul style="list-style-type: none"> Christine Grant, Coventry University (http://www.coventry.ac.uk/researchnet/cucv/Pages/Profile.aspx?profileID=554)
15.05 – 15.10	Brief break
15.10 – 15.55	How technology can be managed and even used to support employee wellbeing <ul style="list-style-type: none"> Andrew Kinder, OH Assist (http://www.andrewkinder.co.uk)
15.55 – 16.00	Round up and close

Please note: timings are approximate and may be subject to change on the day.